

# CONSENT



## Only Yes Means Yes!

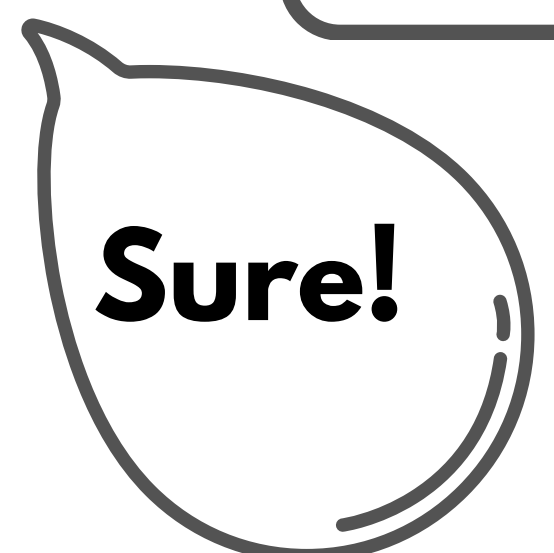
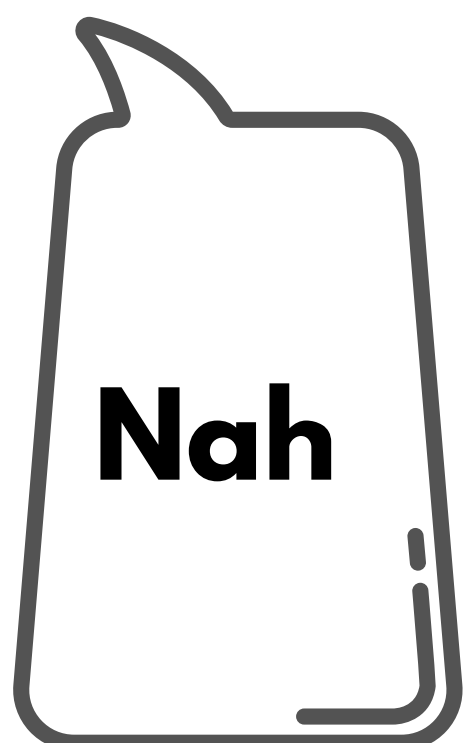
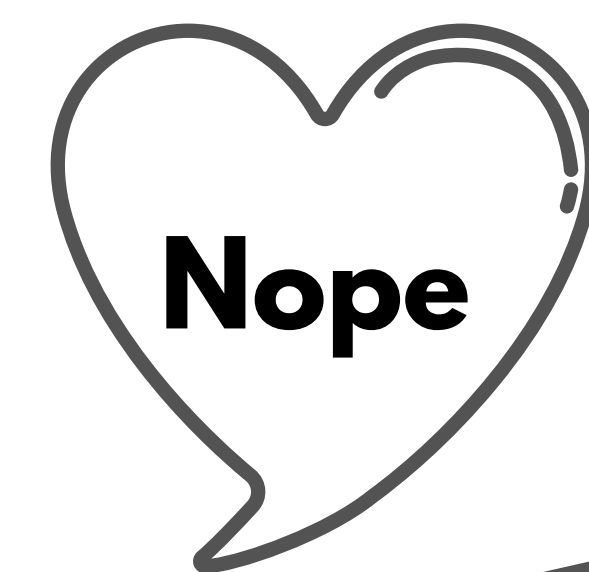
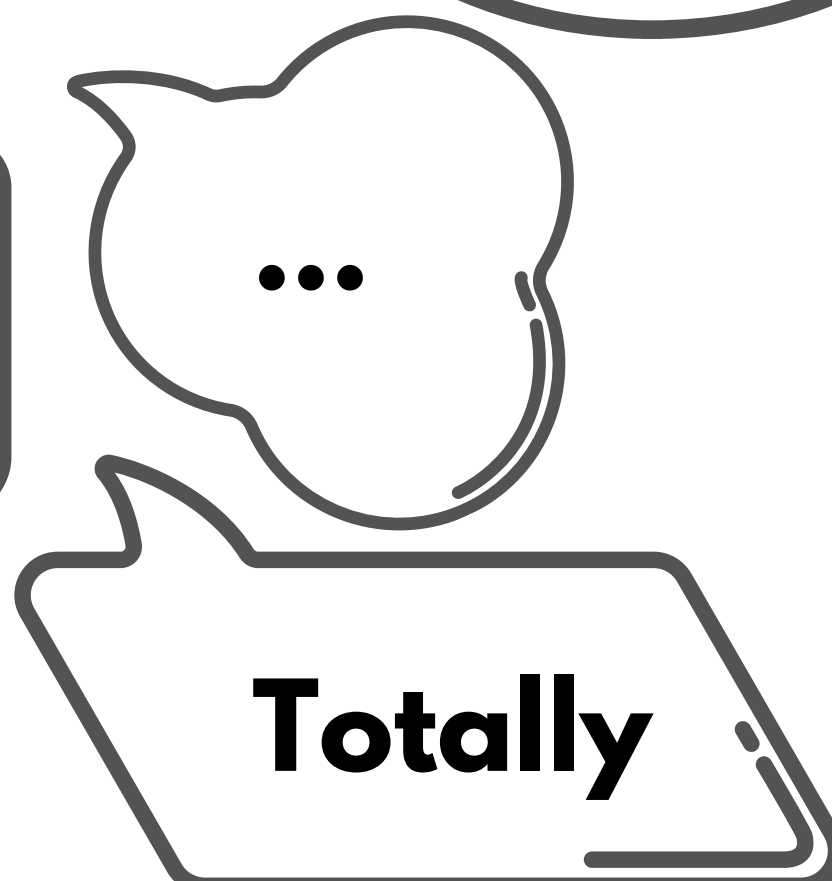
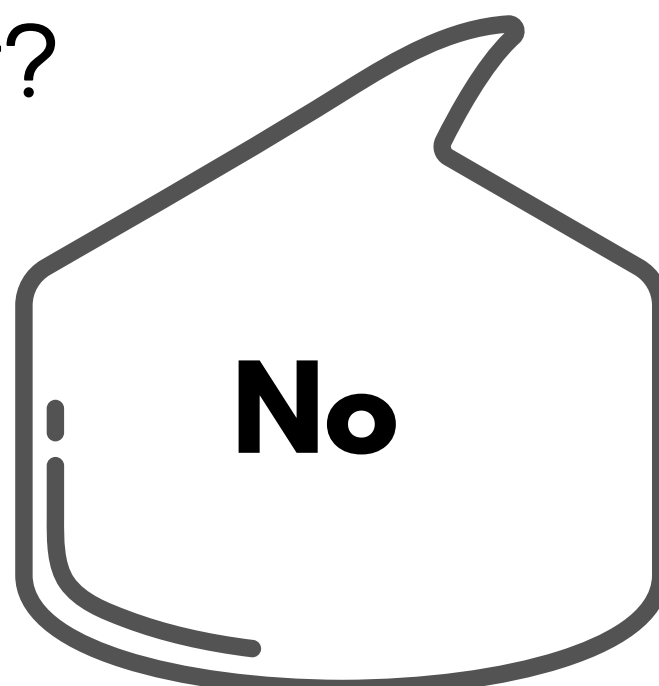
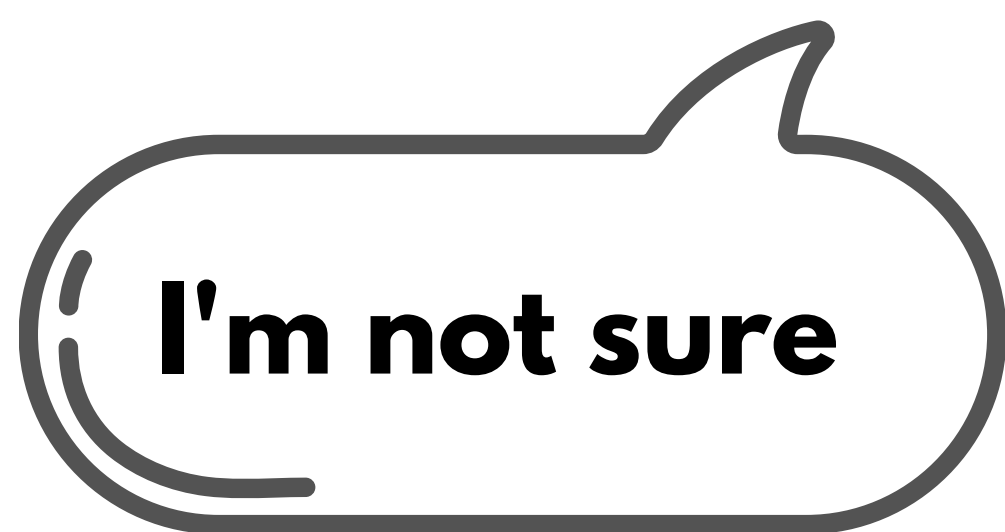
Before touching, kissing, or any kind of sex, ask if it is ok and respect what they say.

You have the right to stop at any time.

You have a responsibility to check in to make sure they are still into what is happening.

## What Can Consent Sound Like?

- Hey, I really like you, can I kiss you?
- You don't seem really into this, let's stop.
- Do you want to try something sexy with me?
- Can you touch me here?
- What feels good for you?
- Is everything okay?
- Do you wanna...?



# SEXUAL VIOLENCE

Unwanted sexual touching or sexual attention is sexual violence

If someone tells us No respect it.

Pressuring someone to do something they don't want is sexual coercion, a type of sexual violence.

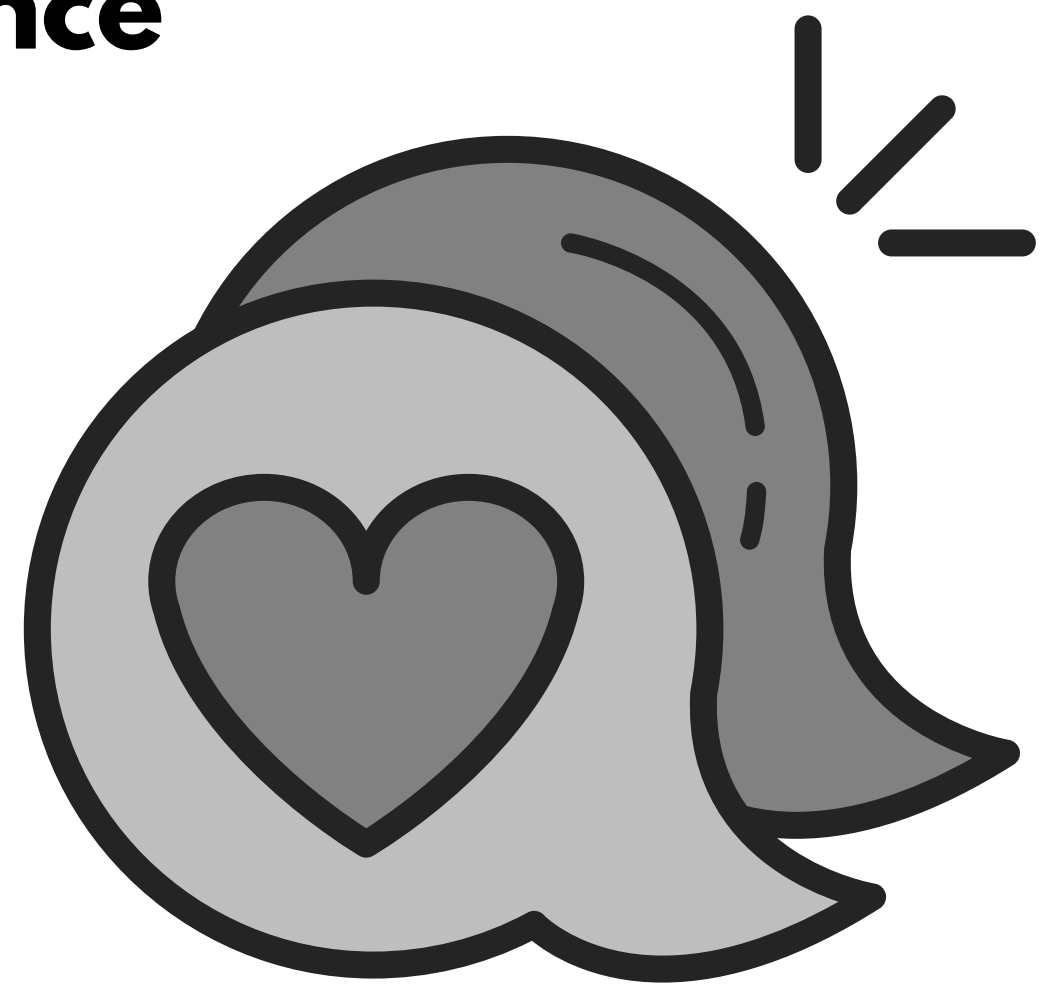
## If You've Experienced Sexual Violence

It was NOT your fault

Someone chose to use violence on you

You are not alone.

Talking about it can help.



## Some Places for Supports

Klinic Sexual Assault Crisis Line:  
1-888-292-7565 or 204-786-8631

Kids Help Phone: 1-800-668-6868  
Online chat at [kidshelpphone.ca](http://kidshelpphone.ca) or  
text 68 68 68

Teen Clinic: Find one at [teenclinic.ca](http://teenclinic.ca)

Talk to someone you trust  
(a friend, family member, teacher, etc.)

[teentalk.ca](http://teentalk.ca) - Check out the dating  
violence information.

[whiteribbon.com](http://whiteribbon.com) - Men and boys  
working to end violence against  
women.

[yesmeansyes.com](http://yesmeansyes.com) - Info on sexual  
violence and consent

[thatsnotcool.com](http://thatsnotcool.com) - Info on healthy  
relationships

