

OUR DIFFERENCES GIVE US STRENGTH

What's good about being different?

We all have differences and that's awesome.
Name 3 things that make you unique:

- 1.
- 2.
- 3.



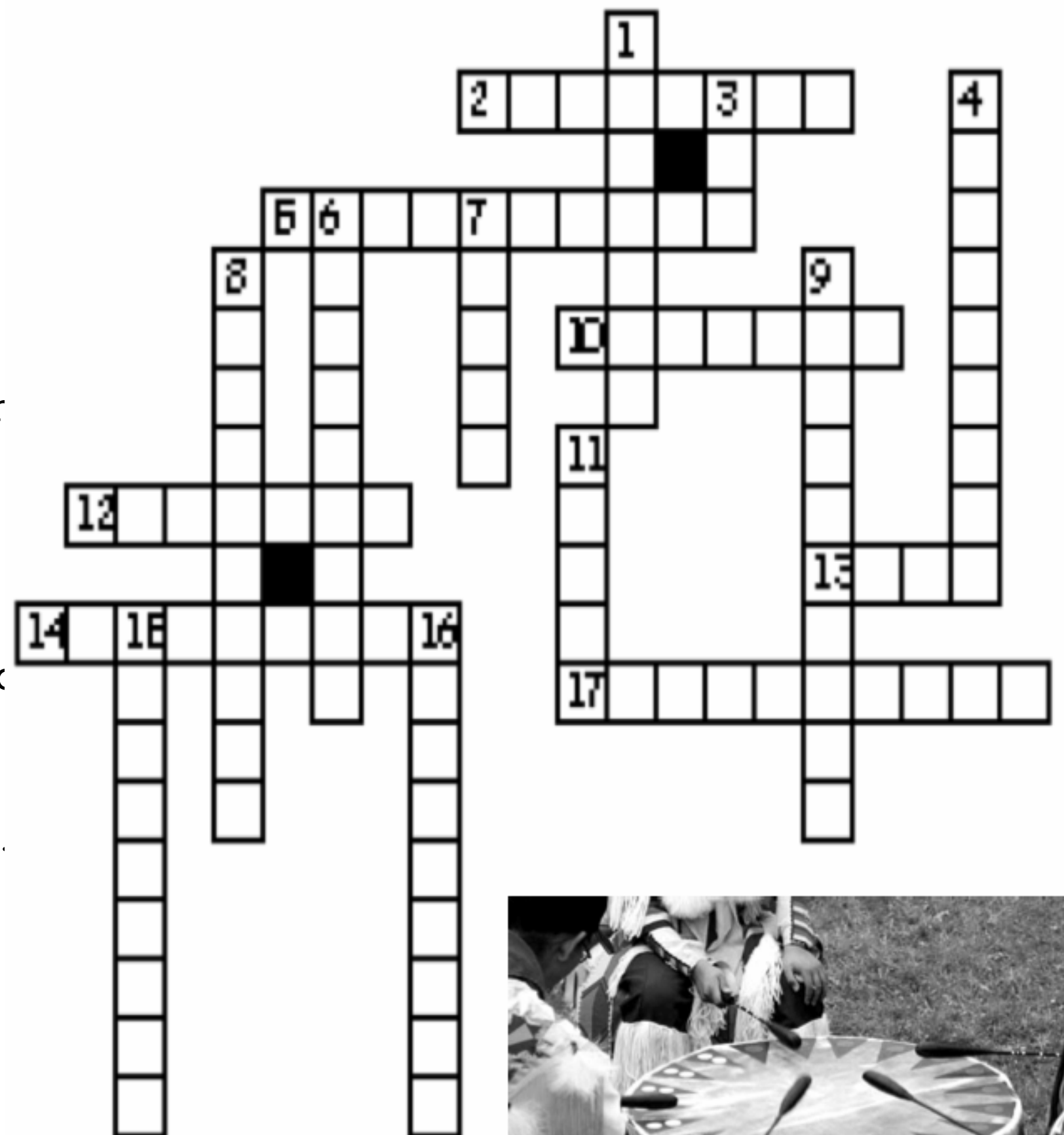
Diversity Crossword

Across:

2. Positive feeling from inside oneself
5. Discrimination against gay or lesbian people
10. Symbol and flag of people who are 2STLGBQ+
12. Discrimination against people with disabilities
13. A straight person who supports and stands up for the rights of 2STLGBQ+ people
14. Advantage for members of a dominant group
17. Deliberately taking an offensive word and giving it a new definition.

Down:

1. A woman who is attracted to other women
3. 2STLGBQ+ awareness and support group formed in school
4. Differences in people
6. When a group of people are kept down they are.
7. A positive feeling about one's identity, achievements, or community.
8. To recognize and be thankful for a person's differences
9. standing in unity and supporting a cause or a group of people
11. The Q in 2STLGBQ+
15. Being welcoming, including, and creating space for diversity
16. Another word for heritage or background



Down: 1. Lesbian 3. GSA 4. Diversity 6. Oppressed 7. Pride 8. Appreciated 9. Solidarity 11. Queer 15. Inclusive 16. Ethnicity

Across: 2. Strength 5. Homophobia 10. Rainbow 12. Ableism 13. Ally 14. Privilege 17. Reclaiming



Discrimination Sucks!

How you can stop it

- Think about how you treat people who are different from you.
- Respect everyone's differences.
- Don't tell or laugh at offensive jokes.
- Don't use hurtful/hateful words
- If someone says you've hurt them, listen and apologize. It's not about being right, it's about doing right.
- Join or start groups that challenge discrimination.

If it happens to you

- Know it is not your fault!
- Talk to someone you trust.
- Hang with people that like you for you.
- Connect with peers, Elders, family etc.
- Take care of yourself.
- Do things that make you happy.
- Know you are not alone.



Where do you begin telling someone their world is not the only one?

-Lee Maracle, Ravensong

Some Places for Supports

Somewhere to call/text/chat

- Kids Help Phone: 1-800-668-6868,
text 68 68 68
online kidshelphone.ca

2STLGBQ+ Support

- Rainbow Resouce Centre: rainbowresourcecentre.org
- Two-Spirited People MB: twospiritmanitoba.ca

Indigenous Cultural Support

- Ka Ni Kanichihk: kanikanichihk.ca
- Brandon Friendship Centre:
brandonfriendshipcentreinc.ca

Black Community Support

- Black Space Winnipeg: blackspacewpg.ca



167 Sherbrook Street, Winnipeg, MB R3C 2B7 | 204-982-7800
www.teentalk.ca | serc.mb.ca | info@serc.mb.ca

We are not a crisis service. If you need support call the Kids Help Phone at 1-800-668-6868