

Substance Use and Awareness Educational Curriculum Connections

Our curriculum ties to the Manitoba Government learning outcomes. The following language used is not our own. For more information, please visit www.edu.gov.mb.ca/k12/cur/physhlth/

Grade 7

K.3.5.B.4 Identify available community supports that promote safety and community health.

K.5.7.D.1 Differentiate between the use and abuse (i.e., prescribed/unprescribed drugs; own medication/someone else's medication; correct/ incorrect dosage, addiction) of medicinal and non-medicinal substances (e.g., medicines, over-the-counter drugs, vitamins, alcohol, tobacco, inhalants, street drugs...).

K.5.7.D.2 Explain different consequences, related to different variables (i.e., fair play, legalities, performance, medical, safety, and financial implications), of taking harmful and beneficial drugs or other substances (e.g., antibiotics, anti-inflammatories, stimulants, narcotics, anabolic steroids, marijuana, diuretics, herbs...).

K.5.7.D.3 Identify the positive and negative social factors (i.e., influences of peers, families, role models, media, Internet, celebrities, social occasions, parties) that may influence avoidance and/or use of substances (e.g., tobacco, alcohol, caffeine, street drugs, inhalants...).

K.5.7.E.2b Identify positive ways of coping with daily moods and emotions associated with puberty (e.g., engaging in physical activity, discussing emotions with family/friends/religious leaders, listening to music, laughing, taking part in hobbies, participating in school/community activities, reading books...).

Senior 1-4

K.3.5.B.4 Identify available community supports that promote safety and community health.

K.4.S1.B.4 Identify examples of potentially dangerous situations and effective strategies for avoidance/refusal.

K.5.S1.D.1 Explain the meaning of addiction and substance dependence and the possible effects on self and/ or others.

11.SU.2 Explain the stages of involvement in substance use or abuse.
Includes: non-involvement, irregular involvement, regular involvement, harmful involvement, and dependent involvement

K.5.S1.D.2 Examine the use and abuse of substances and potential consequences on personal health and well-being.

11.SU.1 Explain ways in which drugs and other substances are classified.

K.5.S1.D.3 Identify community agencies and resources available to support the prevention of substance use and abuse.

11.SU.4 Use reliable information in making healthy decisions for helping self and/or others regarding substance use and abuse.

K.5.S2.A.2 Demonstrate knowledge of healthy lifestyle practices that contribute to disease/ illness prevention, including mental illness/ disorders.

K.5.S2.D.1 Analyze issues concerning the use and abuse of legal and illegal substances.

K.5.S2.D.2 Evaluate the legal aspects and consequences of substance use and abuse and addiction

K.5.S2.D.3 Examine current statistics on substance use as it affects healthy living, locally and nationally.

S.5.S1.A.4 Apply problem solving strategies to respond appropriately to issues related to substance use and/or abuse

S.5.S2.A.4 Analyze effective responses to problems regarding substance use and abuse by self or others.

11.SU.3 Examine factors that influence decisions regarding substance use and abuse.