

## Step into the Circle

Contributed by Jessica Danforth and the Native Youth Sexual Health Network

### Goal

- To show how much we do and do not have in common.

### Instructions

- Explain that you will ask a statement like, “Step into the circle if...” and if what is said applies to them, they step into the circle. Tell them that they do not have to step into the circle if they do not want to let people know their answer to your statement.
- Note: Tailor questions around issues you want to discuss like, “Step into the circle if you have a strategy to deal with stress.” Then step out. Try a new statement like, “Step into the circle if you enjoy spending time in the bush.” Then step out. Also, this activity can even be used as an evaluative tool by asking, “Step into the circle if you learned something new today, or step into the circle if you will share something that you learned today with others.”