

Sexual Decision Making & Identity Educational Curriculum Connections

Our curriculum ties to the Manitoba Government learning outcomes. The following language used is not our own. For more information, please visit www.edu.gov.mb.ca/k12/cur/physhlth/

Grade 7

K.3.7.B.6a Establish safety guidelines to protect self and others from sexually abusive situations (e.g., pornography, incest, stalking, prostitution, sexual assault...).

K.3.7.B.6b Demonstrate an understanding of skills (i.e., problem solving, conflict resolution, communication, assertiveness, anger management skills) in dealing with case scenarios related to sexually abusive situations and ways to seek help.

K.5.7.E.3b Identify the effects of social influences (e.g., styles related to dress, hair, make-up, jewellery; cultural rituals; gender equity; harassment, nudity; violence against women...) on sexuality and gender roles.

K.5.7.E.3c Identify responsibilities (e.g., respect, abstinence...) and sources of support (e.g., parents, nurses, doctors, counsellors, helplines, community health services, religious leaders, recommended books...) with regard to sex-related health issues.

S.5.7.A.5 Apply a decision-making/problem-solving process in case scenarios for making informed decisions regarding responsible sexual behaviours (e.g., abstinence, pregnancy prevention, safer sex practices...).

K.4.7.A.3 Explain the benefits of using the decision-making/problem-solving process for making responsible and health-enhancing personal

decisions (e.g., prevents impulsive and/or negative decisions, contributes to long-term health...).

Senior 1-4

K.4.S1.B.4 Identify examples of potentially dangerous situations and effective strategies for avoidance/ refusal.

K.4.S1.B.2b Identify appropriate social behaviours for developing meaningful interpersonal relationships.

S.4.S1.A.2 Design, Implement and Evaluate an action plan for making a decision based on personal values and beliefs related to physically active and healthy lifestyle practices.

K.5.S1.E.2b Examine the psychological implications of sexual activity and teenage pregnancy, and responsibilities regarding prevention

K.5.S1.E.3b & K.5.S2.E.3b Examine the influences on making decisions for responsible sexual behaviour.

K.5.S1.E.3a Describe social factors affecting human sexuality.

K.5.S2.E.3a Examine sexuality as it is portrayed in the media

S1 2.1.1 identify and describe the stages of physiological growth and development in adolescents and how each stage can be nurtured

S1 2.1.2 distinguish between puberty and adolescence

S1, S2, S4 2.3.2 evaluate the role of abstinence in relationships, e.g., mental health, pregnancy prevention, physical health—STIs, emotional health

S1 5.2.3 identify and evaluate adolescent mental and physical health issues, e.g., depression, health issues—STIs, alcohol and drug abuse, learning disability, physical disability, family abuse or violence, personal or family illness

S1 5.1.4 define, classify, and determine personal values and goals

S1 5.1.5 examine how decisions affect one's well-being

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