

## **Relationships Educational Curriculum Connections**

Our curriculum ties to the Manitoba Government learning outcomes. The following language used is not our own. For more information, please visit <a href="https://www.edu.gov.mb.ca/k12/cur/physhlth/">www.edu.gov.mb.ca/k12/cur/physhlth/</a>

## Grade 7

K.3.7.B.5a Describe scenarios that illustrate examples of physically, verbally, and emotionally abusive behaviours in different relationships (i.e., within families, between friends, among peers, with employers, groups, gangs, on sports teams, when babysitting).

K.3.7.B.5b Develop strategies (e.g., conflict-resolution skills...) for avoiding situations (e.g., conflict between parents' and peer values, with the law, in competition, within school...) that can potentially lead to conflict and violence.

K.3.7.B.6a Establish safety guidelines to protect self and others from sexually abusive situations (e.g., pornography, incest, stalking, prostitution, sexual assault...).

K.3.7.B.6b Demonstrate an understanding of skills (i.e., problem solving, conflict resolution, communication, assertiveness, anger management skills) in dealing with case scenarios related to sexually abusive situations and ways to seek help.

K.4.7.B.2a Identify the characteristics (e.g., compliance/ conflict, confidence level, tone of voice, eye contact, body language...) associated with each of the communication styles (e.g., passive, aggressive, assertive...) and leadership qualities (e.g., enthusiasm, presentation skills, reliability, organization...).

K.4.7.B.3a Identify anger-management skills (e.g., use self-statements, participate in physical activities, write letters to express feelings...) as alternatives to aggression and violence.



K.4.7.B.3b Describe how conflict situations (i.e., change, new situations, negative group influences, dishonesty) affect personal behaviour and development (e.g., adapting to new surroundings or routines, making new friends, coping with change, being assertive...).

K.4.7.B.3c Review strategies (e.g., mediation, conflict resolution...), possible outcomes (i.e., win/win, win/lose, lose/win, lose/lose), and behaviours (e.g., compromising, negotiating, accommodating, blaming, avoiding, collaborating, consensus building...) for conflict resolution among friends and/or peers.

K.4.8.B.2b Identify roles and responsibilities (e.g., loyalty, commitment, support, respect, leadership...) in developing positive relationships (e.g., between friends, within families, in a sports team, band/choir...).

## Senior 1-4

K.3.S1.B.5a Analyze issues related to violence prevention in a variety of contexts.

K.3.S1.B.5b Demonstrate an understanding of the skills in dealing with case scenarios related to physically, verbally, and emotionally abusive situations.

K.3.S1.B.6a Differentiate among the terms associated with abusive situations.

K.3.S1.B.6b Identify skills and community resources for addressing problems associated with sexually abusive behaviours.

K.3.5.B.4 Identify available community supports that promote safety and community health.

K.3.S2.B.4 Investigate the contributions self and/or others can make to community/global health and sustainable development

K.4.S1.B.1a Describe ways to treat others for developing healthy and meaningful relationships.

- K.4.S1.B.2b Identify appropriate social behaviours for developing meaningful interpersonal relationships.
- S.4.S1.A.3 Apply interpersonal skills in case scenarios related to developing close, meaningful relationships.
- K.5.S1.E.2a Identify the components for building and maintaining healthy, close relationships.
- K.5.S2.E.2 Analyze the components in different case scenarios for building and maintaining healthy relationships.
- 12.HR.1 Demonstrate understanding of the characteristics of healthy and unhealthy, relationships, and discuss factors that might influence their development.
- 12.HR.5 Apply problem-solving and decision-making strategies to recognize unhealthy relationships, and identify community supports and services to assist in the healthy resolution of relationship issues.
- 12.HR.4 Apply problem-solving and decision-making strategies to identify and prevent the development of abusive relationships and/or to end unwanted relationships.
- S1 & S4 4.4.2 analyze and evaluate strategies for building, maintaining, and ending relationships
- S4 4.4.3 determine resources available for families with addiction or violence issues

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