

Genital Salad Game

Recommended Age: 10+

Goals

- To destigmatize body parts and normalize using technical words for genitals.
- To energize group through body movement.

Have Ready

- Chairs in a circle with no other furniture or barriers in the way.
You need one fewer chair than the number of people playing.

Instructions

- Have students sit in a circle (without desks), facing each other.
- Assign each participant a body part name (penis, vagina, or anus).
- Stand in the middle of the circle and explain that the person standing in the middle of the circle will call out a body part name. When that body part is called out, participants who have been assigned this group will stand up and switch chairs. Whoever is left standing will move to the middle of the circle and call out the next body part name.
- 'Genital salad' can be called out for all participants to change spots.