SERC SEXUALITY EDUCATION RESOURCE CENTRE MB

WINNIPEG
167 SHERBROOK • WINNIPEG, MB • R3C 2B7
P (204) 982-7800 **F** (204) 982-7819

BRANDON
UNIT 2 - 345 10TH ST. • BRANDON, MB • R7A 4E9
P (204) 727-0417 **F** (204) 729-8364

Communication Skills Educational Curriculum Connections

Our curriculum ties to the Manitoba Government learning outcomes. The following language used is not our own. For more information, please visit www.edu.gov.mb.ca/k12/cur/physhlth/

Grade 7

K.3.7.B.5b Develop strategies (e.g., conflict-resolution skills...) for avoiding situations (e.g., conflict between parents' and peer values, with the law, in competition, within school...) that can potentially lead to conflict and violence.

K.3.7.B.6a Establish safety guidelines to protect self and others from sexually abusive situations (e.g., pornography, incest, stalking, prostitution, sexual assault...).

K.3.7.B.6b Demonstrate an understanding of skills (i.e., problem solving, conflict resolution, communication, assertiveness, anger management skills) in dealing with case scenarios related to sexually abusive situations and ways to seek help.

K.4.7.B.2a Identify the characteristics (e.g., compliance/ conflict, confidence level, tone of voice, eye contact, body language...) associated with each of the communication styles (e.g., passive, aggressive, assertive...) and leadership qualities (e.g., enthusiasm, presentation skills, reliability, organization...).

K.4.7.B.3a Identify anger-management skills (e.g., use self-statements, participate in physical activities, write letters to express feelings...) as alternatives to aggression and violence.

K.4.7.B.3b Describe how conflict situations (i.e., change, new situations, negative group influences, dishonesty) affect personal behaviour and

development (e.g., adapting to new surroundings or routines, making new friends, coping with change, being assertive…).

K.4.7.B.3c Review strategies (e.g., mediation, conflict resolution…), possible outcomes (i.e., win/win, win/lose, lose/win, lose/lose), and behaviours (e.g., compromising, negotiating, accommodating, blaming, avoiding, collaborating, consensus building…) for conflict resolution among friends and/or peers.

K.4.8.B.2b Identify roles and responsibilities (e.g., loyalty, commitment, support, respect, leadership…) in developing positive relationships (e.g., between friends, within families, in a sports team, band/choir…).

Senior 1-4

K.3.5.B.4 Identify available community supports that promote safety and community health.

K.4.S1.B.2b Identify appropriate social behaviours for developing meaningful interpersonal relationships.

K.4.S1.B.3b Examine effects of conflicts and the importance of seeing diverse sides of issues in developing meaningful personal and/ or team relationships.

K.4.S1.B.2a Identify communication skills and strategies that promote team/group dynamics

S.4.S1.A.3 Apply interpersonal skills in case scenarios related to developing close, meaningful relationships

S.4.S2.A.3 Apply communication skills and strategies in case scenarios for getting along with others in a variety of contexts.

S.4.S2.A.5 Apply stress-management strategies and communication skills for stress reduction for self and/ or others in case scenarios related to stressful situations.

K.4.S1.B.2a Identify communication skills and strategies that promote team/group dynamics

K.4.S2.B.2a Evaluate the benefits of effective communication skills for getting along with family, friends, and peers in school, community, and/or the workplace.

S.4.S2.A.3 Apply communication skills and strategies in case scenarios for getting along with others in a variety of contexts

K.4.S2.C.1a Describe the behaviours necessary for providing others with support and promoting emotional health and well-being.

K.4.S1.B.2b Identify appropriate social behaviours for developing meaningful interpersonal relationships.

12.HR.2 Demonstrate understanding of effective communication within a relationship and the potential impact of technology on communication within a relationship.

S1, S4 4.1.1 identify, analyze, and demonstrate effective communication skills to create healthy relationships, e.g., sending a clear message, effective listening, barriers to communication, negotiation, decision making

S1 4.1.3 identify and discuss harmful communication patterns (e.g., bullying, verbal abuse, harassment) and recommend methods of improving communication

S4 4.1.2 analyze how communication skills and techniques contribute positively in the workplace and at home

9- 5.1.1 Recognize the importance of effective communication in working with others.

10-5.1.1 Make and encourage contributions to assist in developing group ideas; take responsibility for developing and expressing viewpoints.

5.1.1 Use language to build and maintain collaborative relationships; take responsibility for respectfully questioning others' viewpoints and requesting further explanation.

12- 5.1.1 Use language to demonstrate flexibility in working with others; encourage differing viewpoints to extend breadth and depth of individual and group thought.