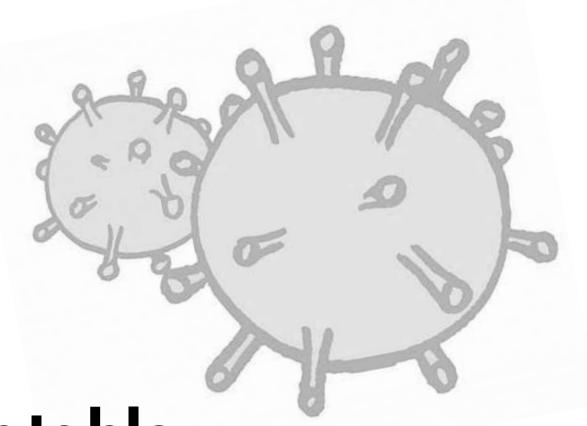
SEXUALLY TRANSMITTED INFECTIONS (STI)



Treatable

Through oral, anal, vaginal sex, and sharing blood:

- HIV
- Hepatitis B

Through oral, anal, and vaginal sex, and skin-to-skin contact:

- Genital Herpes
- Genital Warts

STI Prevention

- Don't have sex.
- Use condoms and sex dams
- Get tested every 6 months, or with each new partner

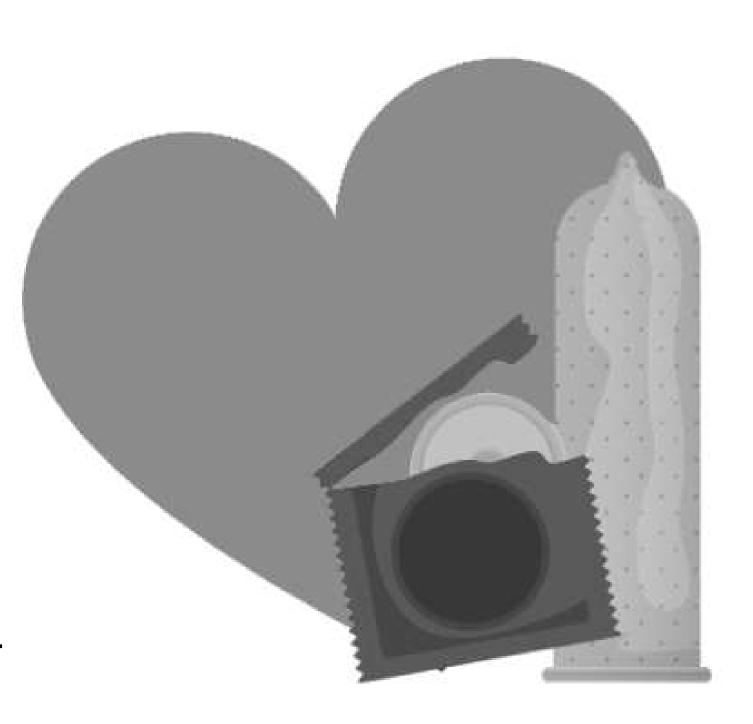
Curable

Through oral, anal, and vaginal sex:

- Chlamydia
- Gonorrhea
- Trichomoniasis
- Hepatitis C

Through oral, anal, and vaginal sex, and skin-to-skin contact:

- Pubic Lice
- Syphilis





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How do you know if you have an STI?

S kin Changes: Lump, bump, rash, or sore

rritation: Hurts to pee or feel like peeing but nothing comes out

Genital Itching: Ongoing itching in the pubic area

Noticeable Pelvic Pain: Pain around lower back/stomach

S ex Organ Discharge: Fluids coming out of vagina, penis, or anus that are different for you.

There are often no signs of an STI
The only way to know is by getting a test



How to Use a Condom

Check for rips/holes
Check the expiration date
Open and unroll 1 notch
Hold the tip with a 3-finger pinch
Roll down with your other hand

Scan this code for a video on using condoms or check out teentalk.ca

What to Expect at an STI test

Pee in a cup
Blood sample
Sometimes a swab of
the mouth, or anus

Teen Clinics and Nursing Stations are great places to get tested. They are 100% confidential.

Find a clinic at teenclinic.ca

