

# OUR DIFFERENCES GIVE US STRENGTH

## What's good about being different?

We all have differences and that's awesome.

Name 3 things that make you unique:

1.

2.

3.



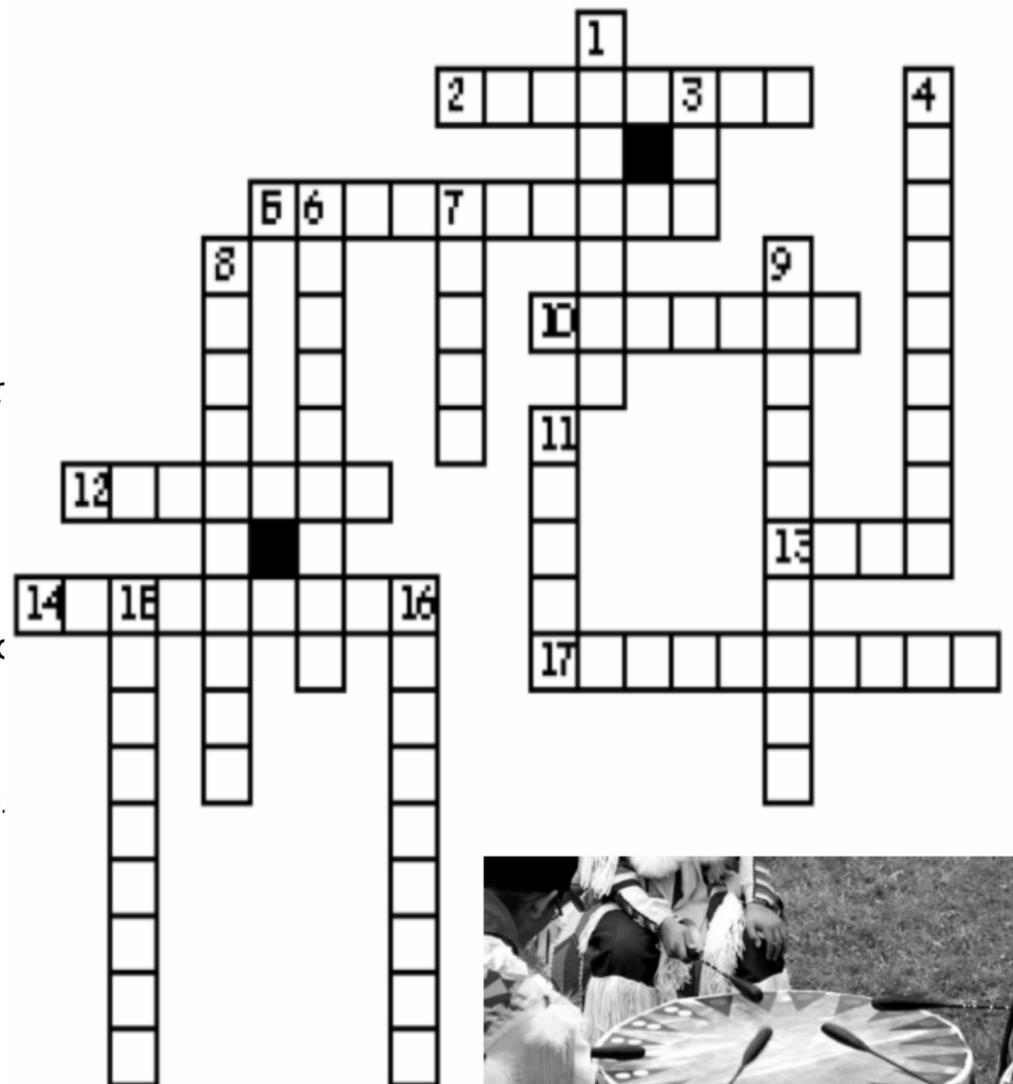
## Diversity Crossword

### Across:

- 2. Positive feeling from inside oneself
- 5. Discrimination against gay or lesbian people
- 10. Symbol and flag of people who are 2STLGBQ+
- 12. Discrimination against people with disabilities
- 13. A straight person who supports and stands up for the rights of 2STLGBQ+ people
- 14. Advantage for members of a dominant group
- 17. Deliberately taking an offensive word and giving it a new definition.

### Down:

- 1. A woman who is attracted to other women
- 3. 2STLGBQ+ awareness and support group formed in school
- 4. Differences in people
- 6. When a group of people are kept down they are.
- 7. A positive feeling about one's identity, achievements, or community.
- 8. To recognize and be thankful for a person's differences
- 9. standing in unity and supporting a cause or a group of people
- 11. The Q in 2STLGBQ+
- 15. Being welcoming, including, and creating space for diversity
- 16. Another word for heritage or background



Down: 1. Lesbian 3. GSA 4. Diversity 6. Oppressed 7. Pride 8. Appreciated 9. Solidarity 11. Queer 15. Inclusive 16. Ethnicity

Across: 2. Strength 5. Homophobia 10. Rainbow 12. Ableism 13. Ally 14. Privilege 17. Reclaiming



# Discrimination Sucks!

## How you can stop it

- Think about how you treat people who are different from you.
- Respect everyone's differences.
- Don't tell or laugh at offensive jokes.
- Don't use hurtful/hateful words
- If someone says you've hurt them, listen and apologize. It's not about being right, it's about doing right.
- Join or start groups that challenge discrimination.

## If it happens to you

- Know it is not your fault!
- Talk to someone you trust.
- Hang with people that like you for you.
- Connect with peers, Elders, family etc.
- Take care of yourself.
- Do things that make you happy.
- Know you are not alone.



**Where do you begin telling someone their world is not the only one?**

**-Lee Maracle, Ravensong**

## Some Places for Supports

Somewhere to call/text/chat

- Kids Help Phone: 1-800-668-6868,  
text 68 68 68  
online [kidshelphone.ca](http://kidshelphone.ca)

2STLGBQ+ Support

- Rainbow Resouce Centre: [rainbowresourcecentre.org](http://rainbowresourcecentre.org)
- Two-Spirited People MB: [twospiritmanitoba.ca](http://twospiritmanitoba.ca)

Indigenous Cultural Support

- Ka Ni Kanichihk: [kanikanichihk.ca](http://kanikanichihk.ca)
- Brandon Friendship Centre:  
[brandonfriendshipcentreinc.ca](http://brandonfriendshipcentreinc.ca)

Black Community Support

- Black Space Winnipeg: [blackspacewpg.ca](http://blackspacewpg.ca)



167 Sherbrook Street, Winnipeg, MB R3C 2B7 | 204-982-7800  
[www.teentalk.ca](http://www.teentalk.ca) | [serc.mb.ca](mailto:serc.mb.ca) | [info@serc.mb.ca](mailto:info@serc.mb.ca)  
Find us @TeenTalkMB on Instagram or Facebook

We are not a crisis service. If you need support call the Kids Help Phone at 1-800-668-6868