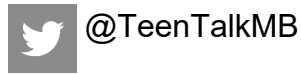
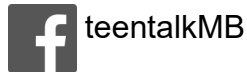
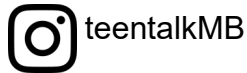


teen talk

For more info on sexual health, mental health, substance use and healthy relationships, check us out at teentalk.ca

Follow us on:



Need help now?

Klinik Crisis Line 1.888.322.3019

NEED TO TALK?

Klinik Crisis Line (24 hrs).....**1.888.322.3019**
Counselling and support for people in crisis. or **204.786.8686**

MB Suicide Prevention & Support Line (24 hrs).....**1.877.435.7170**
Support for people thinking about suicide, or affected by another's thoughts/ attempts of suicide.

Klinik Sexual Assault Crisis Line (24 hrs)**1.888.292.7565** or **204.786.8631**
Counselling, information, support and advocacy concerning sexual assault.

Kids Help Phone (24 hours).....**1.800.668.6868**
in MB you can you can txt **connect to 686868** or online chat at kidshelpphone.ca
Canada wide support and info service for youth.

NEED SUPPORT?

Klinik Drop- In Counselling Program (Mon / Fri/Sat 12-4pm, Tues / Thurs 12-7pm).....**204.784.4067**
870 Portage Ave. ~ Free counseling on any issue for anyone over the age of 13. klinik.mb.ca

Youth Mobile Crisis Team (24 hour crisis line).....**1.888.383.2776** or **204.949.4777**
Crisis response team that delivers services to children, adolescents, families & care-givers.

Addictions Foundation of Manitoba Youth Services**1.866.638.2561** or **204.944.6235**
Counselling, treatment and support groups for youth and families dealing with addiction. afm.mb.ca

Rainbow Resource Centre (LGBTQ*)**204.474.0212**
170 Scott St. ~ Counselling on any issue, library, safer sex supplies, youth groups and drop-ins. rainbowresourcecentre.org

Street Connections (Winnipeg only)**204.981.0742**
496 Hargrave. & mobile outreach van (call/go online for route) streetconnections.ca
Safer drug use supplies and info, free condoms, STI/HIV & pregnancy testing.

Ka Ni Kanichihk.....**204.953.5820**
455 McDermot Ave.~ Culturally based Aboriginal identified programs and services for youth (and all ages). kanikanichihk.ca

Gender Dysphoria Assessment and Action for Youth Team.....**204.787.7435 ext 3**
FE 30- 685 William Ave. ~ Manitoba & area program for transgender youth up to age 17, youth or parents can call. gdaay.ca

Child and Adolescent Eating Disorders Service**204.787.7218**
PZ 16- 771 Bannatyne Ave. ~ The Child and Adolescent Eating Disorders Service provides treatment in either a day treatment or out-patient setting.

Find your local Teen Clinic.....www.teenclinic.ca
Teen Clinics offer youth confidential health/medical services and are only for youth.