

Condom Line-Up Game

Goals

- To educate youth on how to use condoms properly.
- To energize a group.

Senior 1-4 Education Curriculum Connections

This activity contributes to the following Student Specific Learning Outcomes:

Family Studies

- *S1 5.1.3 Identify behaviours that promote health and wellness.*

Guidance Education *GLOs under Personal/Social Component.*

Physical Education

- *K.5.S1.E.3b Examine the influences on making decisions for responsible sexual behaviour.*
- *K.5.S2.A.2 Demonstrate knowledge of healthy lifestyle practices that contribute to disease/illness prevention.*
- *K.5.S2.E.4b Describe ways to prevent STIs to promote the health of society.*

Have Ready

- Condom line-up cards.

Instructions

- The Condom Line-up Game gets a group moving by asking them to arrange the “steps to putting on a condom” into the proper order.
- Choose enough cards for the amount of people you have in the group.
- Have the cards mixed-up and give each player a card.
- For this scenario tell the youth, “**Everyone involved has consent and its woven throughout and ongoing.**” Let them know they have several minutes to arrange themselves in the proper order, either in a line, holding their cards in a visible place. Alternatively, have them arrange the cards into the proper order on a designated space (like a table, a wall, etc).

Debrief

- Ask youth, **“Does this look like a good order?” “Does anyone want to move any of the cards?” “Where can you get free condoms close by?”** Be specific with location, hours of operation, names of people they can get them from, etc.
- Ask who has the “talk about using a condom” card and mention the value of talking about safer sex before sex happens. It can be easier to have a clear conversation ahead of time. Remind them that condoms can be introduced into a relationship at any time, even if people have already had sex without condoms. Mention condoms are the only method that helps prevent sexually transmitted infections.
- Find the “relax” card. People often put it at the very end of the series but “relax” can go anywhere in the line.

Card Placement

Condom

- Talk about using a condom
- Buy condoms or get them for free
- Check expiry date
- Check statement on the back for protection against STI/HIV
- Check for holes...
- Open condom package
- Get horny (could go in other places)
- Penis gets hard/pick your sex toy
- Three finger pinch...
- Roll condom...
- Ejaculation/orgasms or not...
- Hold on to the rim of the condom...
- Take condom off...
- Throw condom away
- Relax (could go anywhere)

Internal Condom

- Talk about using an internal..
- Buy internal condoms ...
- Check expiry date
- Get horny (could go in other places)
- Open condom package
- Squeeze the ring...
- Insert the condom
- Put two fingers into condom
- Make sure penis / toy enters...
- Ejaculation/orgasms or not...
- Hold on to the rim of the condom
- Twist the condom...
- Throw condom away
- Relax (could go anywhere)

Condom Line-Up Cards

Talk about using condoms

Buy condoms or get them for free!

Check expiry date

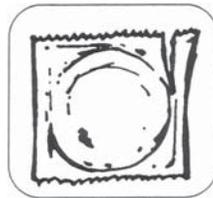
Check for protection against

STI/HIV



Check for holes in the package

Open the condom package



Get horny!

Penis gets hard/pick your sex toy



Three finger pinch at the tip of the condom

Roll condom onto penis or sex toy



Ejaculation (cum), orgasms...

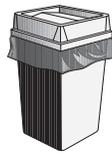


(or not)

**Hold on to the rim of the condom
& base of the sex toy or penis
before pulling out**

**Take condom off away from the
other person**

Throw condom away



Relax!!!



Condom Line-Up Cards for Internal Condom

Talk about using an internal condom

Buy an internal condom or visit a location that has them

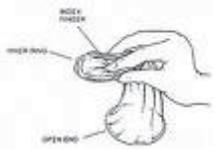


Check expiry date

Open condom package



Get horny!



Squeeze the ring inside for the vagina or take the ring out for the anus

Insert condom into vagina or anus (Can be put in up to 8 hrs.)



**Put two fingers into
condom to make sure it's in
straight**

**Make sure toy or penis enters
condom**

Ejaculation (cum), orgasms...



(or not)

Hold on to the rim while the partner pulls out the condom

Twist the condom and pull it out of the body

Throw condom away



Relax!!!

