

CONSENT:

Before touching, kissing or any kind of sex, ask if it is ok & respect what they say.

Only YES means yes!

Wanna make out?

Yeah, I'm into that!

You have the right to stop sex or a make out at any time!

And you have a responsibility to check in to make sure they are still into what is happening.

Are you still into this?

It's hot when I feel respected!

USE YOUR WORDS



**COMMUNICATION IS SEXY
CONSENT IS MANDATORY**

How do I ask for consent?

Here are some examples of ways to ask for consent:

- "Hey, I really like you, can I kiss you?"
- "I'm into you, do you want to make out?"
- "This feels good for me, does this feel good for you?"
- "You don't seem really into this so let's stop. Is everything okay?"

Sexual Assault:

any unwanted sexual touching or sexual attention.

If you are in the mood, but your partner says no, pressuring them to do more than they want to is coercion and sexual assault.

If you have been sexually assaulted:

- It is **NOT** your fault, no matter what.
- You are not alone.
- You have done nothing wrong.
- Talking about it can help.
(To a teacher, guidance counselor, elder, family member, help line, an adult you trust.)
- Call the Klinik Sexual Assault Crisis Line.
It's free to call and open 24/7:

1.888.292.7565

TTY Hearing Impaired: **204.784.4097**



Websites...

teentalk.ca

yesmeansyes.com

thatsnotcool.com

whiteribbon.com

Project MEND (on Facebook)

klinik.mb.ca/in-person-counselling

Information about sexual assault and abuse

Consent and sexual assault info

Cool site about online harassment

Men working to end violence against women

Page about men ending gendered violence

In-person counselling including Sexual Assault Crisis Program